A major in human nutrition, foods, and exercise (HNFE) provides a unique fusion of courses that encompass human performance, weight management, and chronic disease and prevention, as well as the psychosocial aspects of health and human behavior. Our course work will prepare you for graduate or professional school, and for a career as a health care professional in research and related fields.

**FIND YOUR FOCUS**

HNFE offers two options:

**Dietetics** – Prepares students to become registered dietitians and is accredited by the Accreditation Council for Education in Nutrition and Dietetics.

**Science of food, nutrition, and exercise** – Prepares students for a range of graduate and health professional programs, meeting admission requirements for programs in physical therapy, medicine, pharmacy, physician assistant, nursing, and dentistry, among other health fields.
MAJORS

Human Nutrition, Foods, and Exercise
- Dietetics
- Science of Food Nutrition and Exercise

EXPLORE YOUR ROLE

Experience a unique fusion of courses that will prepare you for a variety of health professions.

- Dive into nutrition across the lifespan, food selection and preparation, metabolic nutrition, communicating with food, and medical nutrition therapy.
- Explore athletic injuries, kinesiology, nutrition and physical performance, health counseling, and metabolic nutrition.

For more information
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